

Lot's of Stuff

We all spend a lot of time and energy trying to do many things, but do we spend time on what's really important? Indicate how much time you spend on, or how important the following are to you. (Be honest)

ACTIVITY	LOW	HIGH
Going online to chat with friends or check emails	1 2 3 4 5 6 7 8 9 10	
Spending time to get a guy or girl notice you	1 2 3 4 5 6 7 8 9 10	
Working to get a car, or for money to buy gas and insurance	1 2 3 4 5 6 7 8 9 10	
Playing sports, practicing, or traveling around to compete	1 2 3 4 5 6 7 8 9 10	
Attending church youth functions, camps or outreach events	1 2 3 4 5 6 7 8 9 10	
Doing homework or studying for that exam	1 2 3 4 5 6 7 8 9 10	
Sitting in front of the television or surfing the Internet	1 2 3 4 5 6 7 8 9 10	
Listening to music or going to concerts	1 2 3 4 5 6 7 8 9 10	
Spending quality time alone with God	1 2 3 4 5 6 7 8 9 10	

Discussion Questions:

- If you feel comfortable doing so, share your answers with others in your group.
- Does spending time alone with God take a priority over everything else?
- Are there any activities in your life that you are spending too much time on?
- Isn't it okay to spend lots of time on things you really enjoy, as long as it isn't something bad?