

# Old Testament Heroes – Lesson 1 Workbook

## Abraham: Man of Faith

### GETTING STARTED

1. What do you think it means to have faith?

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2. What is the most faith-filled thing you have ever done?

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3. What is the most faith-filled thing someone you know has done?

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### Genesis 12:1-8

1. Where does God tell Abram to go?

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2. What would it have been like to receive instructions like that?

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3. If it were you, do you think you could have gone?

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### Genesis 22:1-18

1. According to this passage, why was Abraham willing to sacrifice Isaac?

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2. Try to put yourself in Abraham's shoes—how would you have felt when God asked you to do this?

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3. What did God say to Abraham after this test?

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4. Why would Abraham be blessed according to verse 16?

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5. Why would Abraham be blessed according to verse 18?

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**Hebrews 11:8-19**

1. What do you think is the most faith-filled thing Abraham ever did?

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2. How can Abraham's faith serve as an example to us?

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**Homework**

- Memorize Hebrews 11:8
- Meditate on the life of Abraham and the magnitude of his faith.
- Reflect on the life that you are living, would future generations consider you to be a hero of the faith?
- Be completely honest with God, go to Him with the challenges you are facing and ask that He give you the needed faith and wisdom to overcome these challenges.

# Old Testament Heroes – Lesson 2 Workbook

## Job: Man of Perseverance

### GETTING STARTED

1. What's the hardest thing you've ever done? (a job, a practice, a dare, etc.)

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2. Why was it the hardest?

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3. While you were doing it, did you ever want to quit? Why?

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4. Did you quit? Why or why not? What helped you to finish?

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### Job 1:1-15

1. What do we learn about Job in verse 1?

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2. What do we learn about Job in verse 2?

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3. What do we learn about Job in verse 3?

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4. What do we learn about Job in verses 4-5?

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5. Overall, what is your impression of Job?

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**Job 1:13-22**

1. Which of these events do you think caused Job the most personal grief?

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2. Have you ever experienced a day even remotely as bad as Job's?

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3. What was Job's response?

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4. Do you think you could respond this way if something that bad happened to you? Why or why not?

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**Job 2:9**

1. Why do you think Job's wife said this?

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2. What was Job's response and what does this response say about Job?

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3. According to verse 10, what is Job's situation before God at this point?

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**Job 2:11-13**

1. What's the worst advice you've ever received when you were hurting?

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2. If you were Job, what would you have told the friends in response to their input?

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3. Why do you think friends might try too hard to give us advice that ends up being off the mark?

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4. When we're suffering, who should we go to for advice? What kind of advice should we listen to?

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**Job 13:15**

1. What do you think it took for Job to muster up the courage to say that?

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2. What does this say about Job's faith?

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3. Everyone around Job is trying to get him to do something. Instead, Job says that if God kills him, he'll still trust Him. Could you say that?

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**Job 42:7-17**

1. What do you think of the way God rewards Job?

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2. What does this teach us about perseverance?

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3. How much of everything does Job have now?

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**Homework**

- Memorize James 1:12
- Meditate on the life of Job and the way in which he handled hard times.
- Prepare yourself to run to God during difficult times and trust that He has your best interest in mind, even though it may be hard for you to see at the time.
- Reflect on the way you try to comfort others when they are going through hard times.

# Old Testament Heroes – Lesson 3 Workbook

## Joseph: Man of Humility

### Genesis 37

1. Does Joseph seem very humble here to you? Why/why not?

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2. Do you think it is easier for young people to be more arrogant? Why/why not?

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3. Why do you think Joseph's brothers did what they did to him?

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4. If you were Joseph, how would you be feeling at the end of the chapter?

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### Genesis 39:1-6

1. Who bought Joseph from his captors?

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2. According to verse 2, who is with Joseph?

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3. According to verse 3, who began to respect Joseph?

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### Genesis 39:20-23

1. If in one day you went from the most powerful people in your country, with great wealth and fame, to a common prisoner, how would you feel? Why?

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2. Even in prison, Joseph's integrity caught the eye of those above him. Who does verse 23 say was with Joseph?

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**Genesis 41:14-44**

1. What does Pharaoh say will not happen without Joseph's consent in verse 44?

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2. If in 30 days, you went from a dungeon cell to in charge of an entire country, how would your attitude change?

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3. How do you think Joseph was able to remain humble through all these changes in his life?

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**Homework**

- Memorize Proverbs 18:12
- Meditate on the life of Joseph and the way in which he handled both good times and bad.
- Do you try to boost yourself up? Consider humbling yourself and let God almighty lift you up.
- Reflect on on what it means to lead a life of humility.

# Old Testament Heroes – Lesson 4 Workbook

## Moses: Man of Willingness

### Exodus 3:1-22

1. What was Moses doing when he saw the burning bush?

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2. If you saw a bush that was burning but not being burnt up, and then a voice came from within it, what would you have done?

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3. When Moses realized it was God, why do you think he hid his face?

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4. What was going on in verses 7-10?

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5. At first Moses does not express any willingness. Look at how he responds in verse 11. Would your response to God be the same or different? Why?

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6. What is God planning to do for His people (See verse 17)?

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7. Did God anticipate Pharaoh's Cooperation?

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8. What was God planning to do in response?

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**Exodus 4:1-20**

1. What was Moses's first argument in verse 1 of chapter 4?

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2. What does God give Moses as a sign to the people?

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3. What other signs does God give Moses? (See verse 6-9)

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4. Moses comes up with more excuses. What is his second argument in verse 10?

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5. What is God's response to Moses's second argument?

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6. In verse 18, we see that Moses returns to his father-in-law and asks permission to return to Egypt. What do you think convinces Moses to go?

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7. What do you think Moses is feeling as he sets off for his old stomping grounds in verse 20?

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**Isaiah 6:1-8**

1. Why do you think it is so hard for us to consider the needs of others?

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2. Honestly, do you get excited when you think about helping God?

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3. What does God tell you to do that does excite you?

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4. What does God tell you to do that you are unwilling or find hard to do?

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5. How do you think you can become a more willing vessel for God to use?

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**Homework**

- Memorize Philippians 2:4
- Meditate on the life of Moses and the way God helped change a heart of unwillingness to one of willingness.
- Consider the tasks God has called you to do; are you willing to do them?
- Reflect on how future events may be impacted by your willingness to do the tasks God calls you to do today.
- Do you know of anyone who is really good and willing to do what God wants? Maybe you can get to know that person better. Ask that person about his or her faith, and what inspires him or her to do what God asks.

# Old Testament Heroes – Lesson 5 Workbook

## David: Man of Passion

### 1 Samuel 17:41-51

1. With what weapons is Goliath armed?

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2. What does David say will be his defense?

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3. What does this type of statement, given by a teenager, say about his passion for God?

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- 1 Samuel 23:1-5
- 1 Samuel 30:1-17
- 2 Samuel 5:19-25
- 2 Samuel 12:13-20

1. What did David do in these passages? Why did he do these things?

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2. How did David interact with God as he did these things?

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3. What was the result of each of these events?

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4. How do David's actions demonstrate his passion for God?

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5. What phrase connects all of the passages?

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**Making It Real**

1. What are some things that you are really passionate about?

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2. On a scale from 1-10, if you're being honest, how would you rate your passion for God?

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3. How do you think you can increase your passion for God?

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**Jeremiah 29:13**

**Matthew 7:7**

1. What do you think it means to inquire of God?

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2. How can you inquire of God more?

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3. When you inquire of God, what should you expect in return?

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**Homework**

- Memorize Psalm 119:10
- Meditate on the life of David and the way he passionately lived his life for God.
- Reflect on the meaning of inquiring of God and listening for His answers.