

Philippians – Lesson 2

Seize the Day

Verses to Remember

“For to me, to live is Christ and to die is gain.” (Phil 1:21 NIV)

“Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. For it has been granted to you on behalf of Christ not only to believe on him, but also to suffer for him, since you are going through the same struggle you saw I had, and now hear that I still have.” (Phil 1:27-30 NIV)

Philippians 1: 12-14

1. Name two things that Paul points out as positive outcomes of his imprisonment.

2. Would Paul have been justified in "shutting down" and feeling sorry for himself?

3. Could God make a tragedy in your life into a platform for His glorification?

Workbook Activity

1) Describe the toughest thing that has ever happened in your life that hurt you, that imprisoned you.

2) How did that experience effect your emotions?

3) During the time that you were dealing with that terrible event, how did you feel about God?

Philippians 1: 15-18

1. What do you think Paul means when he says people are preaching the gospel out of bad motives?

2. How could such preaching really be an encouragement to him?

Philippians 1:19-30

1. What does Paul say will be the source of his deliverance?

2. Paul knows he has two options—he’s going to live or he’s going to be executed. What is his goal for each?

3. What do you think Paul means when he says “to live is Christ and to die is gain”?

4. Based on your current commitment level how would you handle being punished for your faith in Christ?

5. Why is Paul convinced that he will live through this imprisonment?

Homework:

- Memorize Philippians 1: 21 and Philippians 1:27-30.
- Look for different ways this week to “seize the day” for Jesus.
- Continue to pray for your “Philippians” from Lesson 1, and for other members of your class this week.