

# Philippians – Lesson 2

## Seize the Day

### Verses to Remember

"For to me to live is Christ, and to die is gain" (Phil 1:21 KJV)

"Only let your conversation be as it becometh the gospel of Christ: that whether I come and see you, or else be absent, I may hear of your affairs, that ye stand fast in one spirit, with one mind striving together for the faith of the gospel; And in nothing terrified by your adversaries: which is to them an evident token of perdition, but to you of salvation, and that of God. For unto you it is given in the behalf of Christ, not only to believe on him, but also to suffer for his sake; Having the same conflict which ye saw in me, and now hear to be in me." (Phil 1:27-30 KJV)

### Philippians 1: 12-14

1. Name two things that Paul points out as positive outcomes of his imprisonment.

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2. Would Paul have been justified in "shutting down" and feeling sorry for himself?

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3. Could God make a tragedy in your life into a platform for His glorification?

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### Workbook Activity

1) Describe the toughest thing that has ever happened in your life that hurt you, that imprisoned you.

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2) How did that experience effect your emotions?

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3) During the time that you were dealing with that terrible event, how did you feel about God?

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**Philippians 1: 15-18**

1. What do you think Paul means when he says people are preaching the gospel out of bad motives?

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2. How could such preaching really be an encouragement to him?

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**Philippians 1:19-30**

1. What does Paul say will be the source of his deliverance?

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2. Paul knows he has two options—he’s going to live or he’s going to be executed. What is his goal for each?

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3. What do you think Paul means when he says “to live is Christ and to die is gain”?

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4. Based on your current commitment level how would you handle being punished for your faith in Christ?

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5. Why is Paul convinced that he will live through this imprisonment?

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**Homework:**

- Memorize Philippians 1: 21 and Philippians 1:27-30.
- Look for different ways this week to “seize the day” for Jesus.
- Continue to pray for your “Philippians” from Lesson 1, and for other members of your class this week.