

# Philippians – Lesson 3 Workbook

## Who Do You Think You Are?

### Workbook Activity – Lasting Influence Quiz 1

A. Name the last three World Series Champions.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

B. Name the three wealthiest people in the world.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

C. Name three people who have won the Pulitzer or Noble Peace price.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

D. Name the last three Miss America pageant winners.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

E. Name the last three movies that won an Oscar for best picture.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

## Workbook Activity – Lasting Influence Quiz 2

A. Name three people who have helped you through a tough time.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

B. Name three people who have inspired you with their lives.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

C. Name three people who have made you feel special.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

D. Name three people who taught you something worthwhile.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

E. Name three people with whom you can share your secrets.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

### Philippians 2:1-11

1. What is the most humbling thing Jesus did that is mentioned in verses 5-11?

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2. Do you think it was difficult for Jesus to do those things?

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3. When Jesus demonstrated humility, what happened as a result?

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4. Why do you think Paul brings up Jesus here? Does it seem like an interruption to his train of thought?

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5. How do you make sense out of verses 1-4 and verses 5-11?

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**Philippians 2:12-18**

1. What does it mean to "work out your salvation?"

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2. Why do you think verse 12 says for us to work out our salvation, and then in verse 13 it says God works in us?

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3. Why do you think Paul uses the words "fear and trembling" to describe this whole process?

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4. What is the ultimate goal in verses 14 through 18? What does Paul want us to become?

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5. Verse 18 seems to indicate that despite the sacrifice of humility and servitude, joy is the result. How can humility result in joy?

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6. What do you guys know about drink offerings? What is Paul getting at?

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7. How is Paul's idea here like the pouring out of Jesus' life described in verses 5-11?

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## **Workbook Activity**

### **MOST EMBARRASSING MOMENTS**

**Break up into groups of 4 or 5, and discuss the following questions with the other members of your group.**

- What's the most humiliating thing that has ever happened to you?
- When that humiliating thing happened, how did you feel?
- Was joy anywhere near you when you had that happen?
- How then can joy and humility co-exist?
- Does James 4:10 offer any comfort? Explain.

### **Homework**

- Memorize Philippians 2:5-11 and Philippians 2: 13.
- Look for different ways to practice humility this week.
- Thank God for the people He has brought into your life who have been an encouragement to you.