

Philippians – Lesson 4 Workbook

I Got Your Back (Looking out for one another)

Workbook Activity

Who Cares? (Part 1)

Write down three people who you love, trust, and deeply care for. They should be people that love, live, and care for you, too.

1. _____ 2. _____

3. _____
Why did you pick each person?

1. _____

2. _____

3. _____

Be ready to share why you chose at least one of these persons.

Philippians 2:19-24

1. What do we know about Timothy from this passage? List some of the things mentioned.

2. What is the relationship between Paul and Timothy?

3. How does Paul want to use Timothy?

4. If you could sum up Timothy in one word, what word would you choose? _____

Philippians 2:25-30

1. What do we know about Epaphroditus from this passage? List some of the things mentioned.

2. What is the relationship between Paul and Epaphroditus?

3. How does Paul want to use Epaphroditus?

4. If you could sum up Epaphroditus in one word, what word would you choose? _____

5. How many relationships like this can you name in the Bible?

6. What is the significance of these types of relationships being all over the scriptures?

Workbook Activity
Who Cares (Part 2)

Refer to the three people you chose at the beginning of this lesson. These people may be your Timothy and your Epaphroditus. Think again about what they've done to earn that position.

- Where would you be in life without those people?
- How can you be a Timothy or Epaphroditus to someone else?
- How likely do you think you would be named on someone else list?
- What do you think it takes to become a person who is trustworthy like Timothy or Epaphroditus?

Homework

- Memorize Philippians 2:20 and Philippians 2:25-30.
- Look for different ways that you can be an encouragement to someone you meet in the next few days.
- Pray for your Timothy and Epaphroditus every day this week.