

Philippians - Lesson 8

More Than Enough

Verses to Remember

I can do everything through him who gives me strength. (Phil 4: 13 NIV)

I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength. (Phil 4:10-13 NIV)

Philippians 4: 10-13

1. In verse 10 we hear the word rejoice again. Paul doesn't seem to stop having joy. What is the source of his joy this time?

2. Why, according to the text, were the Philippians concerned for Paul?

3. What did they do as a result of that concern?

4. When do you think Paul was most in need?

5. When do you think Paul had plenty?

6. Paul says that no matter what, he knew how to be content. What was the source of his contentment?

The Promises of God

The promises of God are few. That may not sound good, but God has only promised that we have food, shelter and Him. He doesn't promise us a fancy car, he doesn't promise us a Playstation 3, and he doesn't promise us a designer wardrobe.

He does promise that he will feed us, clothe us, and be with us. Though few, those are promises Paul was well aware of, as he had lived within them daily for years.

God promises to feed us like the sparrows, clothe us like flowers, and be with us...where is he when:

- Every day, 25,000 people die of hunger & hunger related causes
- Most of those 25,000 people are under the age of 5
- Over 3 billion people (half the earth's population) live on \$2 a day or less
- Over 1 billion people live on \$1 a day or less

7. When you hear statistics like that, what do you think of god's promises?

8. God promises to shelter us and feed us. Has He made good on that promise in your life?

9. You are probably aware that some people do die of starvation. Why didn't God keep his promise in that case?

Philippians 4: 13-23

1. Name the places Paul mentions being content/happy/etc.

2. Name the places he mentions being in need.

3. Look at the passage again closely...who provided for those needs. Name the sources.

4. From our study in Philippians, name some cool things Paul did when he ministered here on earth.

5. Do you think Paul would've been able to do those things if it weren't for his fellow Christians giving to him and supporting him in various ways?

6. How would the world be different if people didn't provide for people in need?

Homework:

- Memorize Philippians 4: 13 and Philippians 4: 10-12.
- Find a way to give from your abundance to help someone else this week.