

# Truth or Dare? – Lesson 1 Workbook

## What is Truth?

### What is Truth Survey

1. Do you believe in "absolute truth" (that something can be true at all times in all situations for all people)?
2. Do you believe that some things are right sometimes and wrong at other times? Example (if needed) it's wrong to cuss but if you're really mad it's okay.
3. Do you believe that, in some cases, abortion is okay?
4. Do you believe that you should always tell the truth, no matter what?
5. Do you believe it is okay, in some situations, to live with someone before you're married?
6. Do you believe it is okay, in some situations, to talk behind people's backs?
7. Do you believe it is okay to stretch the truth or lie if it means not hurting someone's feelings?
8. Do you believe it is okay, to cheat on your homework? Example (if needed) you were out late the night before feeding the homeless and didn't get your work done.
9. Do you believe that if you're a pretty good person and don't do anything too bad that you will go to heaven when you die?
10. Do you think it is okay to get revenge on someone?
11. Do you think that, in some situations, smoking is okay?
12. Do you think that, in some situations, stealing is okay? Example (if needed) your family is starving and you steal food to feed them.
13. Do you think that other religions other than Christianity are true and useful?
14. Do you think that it is okay to watch MTV?
15. Do you think that it is okay to listen to secular music?
16. Do you think it is okay to have a lot of stuff and not share with people who don't have any?

**John 18:33-38**

1. What do you think it means to be "of the truth?"

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2. If you examined our society, would you say that our country is "of the truth" or not?

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3. What is truth?

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4. Is truth something that is different for different people or is it the same for everyone?

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5. How do you decide what is true in your life?

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**Scripture Study**

The Gospel is the truth - Ephesians 1:13, Colossians 1:5  
God wants us to know the truth - 1 Timothy 2:15  
The church is meant to protect the truth - 1 Timothy 3:15  
Some oppose the truth - 2 Timothy 3:2-8  
The truth should change how we live - 1 John 3:18

1. After reading these passages, how would you say the Bible thinks of truth?

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2. Do you think opposition to the truth is being opposed in our world today?

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3. Why is it so hard to tell right from wrong, or truth from lies?

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**John 14:6**

1. How does this challenge your view of the truth, that it's not some abstract reality but it's summed up in the person of Christ?

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2. How can you let the truth that is Jesus change your life?

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**Homework**

- Memorize John 14:6
- Starting this week be aware of situations and philosophies that challenge your idea of what truth is. Jesus said that He is the way the truth and the light, and the only way to God. Does your idea of truth line up with God's?