

Galatians and Ephesians – Lesson 6 Workbook

Living in Faith

THE BELT OF TRUTH

Ephesians 6:14, Psalm 119:11

1. How important do you think it is to memorize Scripture? Does your life reflect that?

2. How could you practice this discipline every day/week/month?

THE SHIELD OF FAITH

Ephesians 6:16

1. Have you ever thought of faith as a discipline before?

2. What do you think Paul means by this?

3. To practice faith, what must you do?

Hebrews 11

1. Faith does something in these verses. What?

2. How could you practice the discipline of faith every day/week/month?

Ephesians 6:18

1. How often does Paul say to pray?

2. How could you practice this discipline every day/week/month?

Homework

- Memorize Ephesians 4:1
- Meditate and then act on what it means to defend the faith, stand firm and be strong in the Lord.
- Practice these disciplines: Scripture memorization, Faith, and Praying in the Spirit.