

Genesis – Lesson 7 Workbook

The Story of Joseph

Workbook Activity

Tough Stuff (Part 1)

Take a few moments and write down your answers to the following questions:

- What was the hardest thing that ever happened to you?

- What made it so difficult?

- How did you feel during this time?

- What did you do to overcome it?

- What did you learn from it? How were you different afterward?

DIGGING IN

Describe what happened to Joseph in each of the following passages.

Genesis 37:4

Genesis 37:24

Genesis 37:28

Genesis 37:36

Genesis 39:7-11

Genesis 39:13-17

Genesis 39:19-20

Genesis 40:22

1. How do you think Joseph made it through all this time? What kept him going?

2. What do you think his attitude was like? Do you think it was always positive?

3. What can we learn from Joseph's perseverance through trials?

4. How does the worst thing that happened to Joseph stack up to your hardest thing?

James 1:2-4

1. What do you think this verse means?

2. How does it relate to Joseph's story?

3. How do you think it is that trials make us stronger?

4. What do you think it will be like to be "complete" and "not lacking anything?" Does that mean we'll be perfect?

Workbook Activity

Tough Stuff (Part 2)

Reflect back on what you listed earlier as the "Hardest Thing" that ever happened to you. Then, find a partner and share answers to the following questions with each other.

- How do you think that event made you into a strong person?
- Do you feel like you persevered through that trial or gave up? What was the end result?
- Looking back, how do you see God using that situation for good?

Homework

- Memorize Psalm 27:12
- Remember that getting through hardships sometimes requires the support of others. If you are going through a particularly difficult situation right now, seek help from a trusted friend or even a counselor from your church. Also, be ready to help someone else in need. Gain his or her trust by showing genuine support and not by condemning. Always be available to simply listen.