

The Story of Jonah – Lesson 1 Workbook

Hide & Seek

Jonah 1:1-3

1. How do you think Jonah felt about his assignment from God?

2. What was Jonah's reaction? Why do you think he did this?

3. From whom does verse 3 claim he runs?

4. Why might Jonah have been reluctant to do what God wanted him to do?

Jonah 1:4-10

1. According to these verses, what does God cause?

2. How do you think Jonah felt when he realized what was happening because of him?

3. Why do you think the other people on board responded like they did in verse 10?

Jonah 1:11-17

1. What does Jonah instruct his fellow travelers to do?

2. What do they do instead?

3. At one point, Jonah's fellow shipmates cry out to God. What do they call Jonah?

4. Is Jonah, in fact, what they say he is?

5. What happens when Jonah hits the water?

6. What do you think the other sailors thought at that moment?

7. How does chapter 1 conclude?

MAKING IT REAL

1. Have any of you ever run away from anything you knew you should do? What was it? What happened?

2. Have you ever tried to "hide" from God? Why? In what way?

3. Do you think you can hide from God? Why/why not?

Psalm 46:1

1. What does Jonah end up doing in this story, after he realizes God is going to capsize the boat?

2. What do the other people on board do?

3. Why do you think people always turn to God as a last resort?

4. Can you think of a time when you called out to God and He helped you?

5. When you run from God, where is it that you go? Why is running to God a better option?

6. How does Psalm 46:1 relate to Jonah's story?

7. What is going on in your life right now where instead of running from God, you need to run to Him?

Homework

- Memorize Psalm 46:1
- Make a list of times when you called out to God and He helped you or someone you know.
- Make a list of reasons why it is better to run to God with problems rather than running away from God.