

# Truth or Dare (Part 2) – Lesson 1 Workbook

## The Truth About Media

### Workbook Activity

#### Favorite Times

Break up into groups of 4 or 5 and discuss the following questions. After sharing, each student should write honest answers.

- What is your favorite movie of all time? \_\_\_\_\_
- What channel on television do you watch more than any other? \_\_\_\_\_
- About how many hours of television do you watch each week? \_\_\_\_\_
- How much time do you spend on the Internet per week? \_\_\_\_\_
- What/Who is/are your favorite band(s)? \_\_\_\_\_  
\_\_\_\_\_

Quotes from an MTV executive

**“The strongest appeal you can make...is emotionally. If you can get their emotions going, make them forget their logic, you’ve got ‘em.”**

**“At MTV we don’t shoot for the 14 year olds, we own them.”**

*Source: Mueller, Walt. Youth Culture 101. Grand Rapids: Zondervan, 2007. Print.*

1. When you hear those quotes and the statistics from above, what do you think?

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2. How does that make you feel?

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3. How many hours per week do you spend interacting with some form of media? \_\_\_\_\_

**Proverbs 15:14**

1. What makes you want to buy something?

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2. What do you think the thousands of advertisements you see each day are trying to get you to buy? Is it more than a product?

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Quote from a marketing guru:

**“We’ve taken a page from Satan’s book. Find a point of weakness and lust in every man, woman, and child, and target that weakness to make them want to buy the product.”**

*Source: Mueller, Walt. Youth Culture 101. Grand Rapids: Zondervan, 2007. Print.*

**Philippians 1:9-11**

1. We all agree that we need to discern between the things we allow into our brains. Why does this Scripture tell us to do that?

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2. How can adopting the mixed messages of our culture interrupt the development of our “fruit of righteousness”?

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3. How can movies, music, and other forms of media perform the same tasks as advertising?

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**Proverbs 3:21-23**

1. What is the author of this Proverb encouraging us to do?

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2. What is the consequence if we do not do so?

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**Scripture Memorization**

"The discerning heart seeks knowledge, but the mouth of a fool feeds on folly." Proverbs 15:14 NIV

"The heart of him that hath understanding seeketh knowledge: but the mouth of fools feedeth on foolishness."  
Proverbs 15:14 KJV

**Homework**

- Memorize Proverbs 15:14
- Take the challenge:      For every hour you spend on the Internet, spend an hour reading your Bible.  
   For every hour you watch TV, spend an hour in prayer.  
   For every hour you spend listening to music, spend an hour serving someone.
- Pray for discernment in what you allow your eyes to see, your ears to hear, and your mind to believe.

# Truth or Dare (Part 2) – Lesson 2 Workbook

## The Truth About Being Nice

### GETTING STARTED

1. What makes a person nice?

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2. Have you ever met someone who was mean or rude?

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3. Why do you think people don't like being around people who are mean?

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### Ephesians 4:32

1. According to this verse, how should we treat one another?

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2. Based on this verse, should we hold grudges, be rude, or not care about people? \_\_\_\_\_

3. Why is it that we are called to live like this?

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### John 13:34-35

1. What does this verse say about how we should treat one another?

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2. What does it mean to treat someone in a loving way?

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3. What does this verse say will happen if we treat one another that way?

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4. When Christians fight, treat each other poorly, or are rude, what do you think people think? Is it possible they assume we don't belong to Jesus?

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**1 Peter 3:8-9**

1. How does this Scripture say we should treat each other? What would that look like?

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2. Does verse 9 condone or speak against revenge? Why?

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**Ephesians 4:2-3**

1. How does this verse answer the question of whether we should put up with people who are hard to love?

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2. Why is this important, according to these verses?

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**Homework**

- Memorize Ephesians 4:32
- This week, pay close attention to your niceness. If you find yourself being rude, mean, vengeful, or unkind, stop what you're doing and pray to God to help you be kind. Let people know that you belong to Jesus because you are kind to everyone you come into contact with.
- Do something nice this week and pray that God would help you show kindness.

# Truth or Dare (Part 2) – Lesson 3 Workbook

## The Truth About Authority

### DIGGING IN

1. Do you think people your age have a hard time respecting authority? Why/why not?

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2. What does it take for you to respect authority?

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### A. RESPECT GOVERNMENT

#### Romans 13:1 and 1 Peter 2:13

1. Do you think people respect government very much?

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2. Do you think part of respecting government is following its rules?

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3. Should you only obey the laws you like or all of them if you're going to respect the law?

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4. Do you have to agree with a government to respect it?

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5. Where do these passages claim the government's authority originates?

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6. What do you think respecting the government looks like for a teenager?

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**B. RESPECT PARENTS**

**Ephesians 6:1-2 and 2 Timothy 3:2**

1. What do these passages say about respecting/honoring your parents?

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2. Why is hard sometimes to respect them?

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3. Do you think you should respect your parents if they ask you to disobey God? Should you obey them?

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**C. RESPECT CHURCH LEADERS**

**Hebrews 13:17**

1. What kind of leaders does this passage discuss?

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2. Do you respect your church leaders (ministers, elders, adult volunteers)?

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3. Why do you think it would be important to respect these people?

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4. How could not respecting them be a burden to them?

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5. What type of impact would you have, if you do not submit to them?

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6. What does this look like practically? What does it mean to respect your youth minister, a volunteer, or other leaders at your church?

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### **Workbook Activity**

#### **How Much Respect?**

Please answer the following questions according to where you are at right now.

• How respectful do you think you are, on a scale from one to ten? (1 equals not at all respectful. 10 equals very respectful) 1 2 3 4 5 6 7 8 9 10

• Which group is the most difficult for you to respect?      Government      Parents      Church Leaders

• Is there another authority who you should respect? Who? \_\_\_\_\_

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• What would you say and how would you act if you were a completely respectful person?

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• What do you need to do to be more respectful?

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#### **Homework**

- Memorize Hebrews 13:17a
- Pray that God shows you where you need to be more respectful and for the ability to change what you need to.

# Truth or Dare (Part 2) – Lesson 4 Workbook

## The Truth About Self-Control

### DIGGING IN

1. What do you think Proverbs 25:28 means?

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2. Why do you think it is so important that we have self-control?

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### Galatians 5:22-23

*Self-control is a fruit of the Spirit. If you are living a life in the Spirit, you will exercise self-control.*

1. Does this mean, then, that someone living without self-control is not living in the Spirit?

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2. As you look around our world, what are some ways you see people living out of control?

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### **Indulgence: When is Enough, Enough?**

- We don't think having a home is enough, we want a big house.
- We don't think an iPod shuffle is sufficient, we want a high-gig iPod touch.
- We aren't content with a car, we want a brand new car.
- We don't settle for our old gaming console, we want the newest gaming console.

Get the idea? We live in excess. We don't exercise self-control. Instead, we indulge in whatever we want, whenever we want it. We do this in everything: our habits, lusts, entertainment, and relationships. We want the most friends on Facebook, the fastest Internet connection, and the quickest fix. We don't e-mail much anymore; we prefer instant messaging. We don't cook in an oven; we cook in a microwave. We don't fix what is broken; we buy a brand new one. We find shortcuts; we look for the easiest way.

The weird thing is, the Bible said this would happen. It predicted that, in time, we would not be able to control ourselves.

## 2 Timothy 3:1-5

1. Do you think this sounds similar to today?

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2. Why do you think living like this could be dangerous?

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3. What is it inside us that makes us impatient?

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4. Why can't we trust God to provide what we need? Why is our want list so large?

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### **Workbook Activity**

#### **Contentment is a Blessing**

1. Learn to be content. Settle for simple things. Don't be obsessed with more. Settle for less on purpose. (See Philippians 4:11)
2. Ask yourself, what do you really need? (See 1 Timothy 6:8)
3. Realize that contentment is a sign of trust in God. (See Hebrews 13:5)
4. When you're tempted to indulge in something you shouldn't, think of all the blessings you already have. Thank God for them out loud.
5. Tell someone what you struggle with, ask that person to hold you accountable.

Whatever you do, don't believe the lie our culture tells us that bigger, faster, fancier, and more expensive is better. We should be content with what we have, for it is right.

### **Homework**

- Memorize Proverbs 25:28
- Focus and live by the points mentioned above in the workbook activity "Contentment is a Blessing."

# Truth or Dare (Part 2) – Lesson 5 Workbook

## The Truth About Money

### Matthew 6:24

1. What is the problem with trying to serve two masters?

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2. Who or what "masters" are trying to gain your loyalty right now?

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**"He that is of the opinion money will do everything may well be suspected of doing everything for money."**

*Benjamin Franklin*

### Exodus 20:4,5a; Ezekiel 36:18 and 1 John 5:21

1. What does God say about serving idols?

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2. In today's world, how can we keep ourselves from idol worship practically?

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### Ecclesiastes 5:10,11

1. How important is money to you? Does it show?

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2. What do these verses say about contentment?

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**"Money has never made man happy, nor will it, there is nothing in its nature to produce happiness. The more of it one has the more one wants."**

*Benjamin Franklin*

**Matthew 6:19-21**  
**Luke 6:20**  
**Acts 5:1-6**  
**James 1:9-11**

*(Answer the following questions as they apply to the above passages.)*

1. What does this Scripture say about the use of money?

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2. From where does money come?

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3. How should we use money based on this passage?

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4. Which is better—to be rich or to be poor? Why?

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5. What is the danger of being too tied up in our monetary wealth?

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### **Workbook Activity**

#### **How Important is Money?**

- If you had to give up all your stuff today, could you do it? \_\_\_\_\_ Yes \_\_\_\_\_ No
- If you lost or gave up all your stuff, how would it make you feel? \_\_\_\_\_  
\_\_\_\_\_
- When you hear iPhone, Wii, Mercedes, or Gucci, what comes to mind? \_\_\_\_\_  
\_\_\_\_\_

*Use the scale on the left to answer the following questions, with 1 being very little and 6 being very much.*

- 1 2 3 4 5 6 • If you lost a twenty dollar bill, how upset would you be?
- 1 2 3 4 5 6 • When something newer and better comes out, how much do you want it?
- 1 2 3 4 5 6 • How much do you feel success is determined by money?
- 1 2 3 4 5 6 • How much do you depend on money?
- 1 2 3 4 5 6 • How much do you like or enjoy having money?

#### **Homework**

- Memorize Matthew 6:24
- Review the workbook activity, and pray about those areas where you may have an unhealthy attachment to money.

# Truth or Dare (Part 2) – Lesson 6 Workbook

## The Truth About Words

### James 1:26

1. What does this passage say about the tongue and our ability to control it?

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### James 3:5-8

1. What does this passage say about the tongue?

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**Proverbs 11:13**

**Proverbs 16:28**

**Proverbs 18:8**

**Proverbs 20:19**

**Proverbs 26:20**

**Proverbs 26:22**

**2 Corinthians 12:20**

1. What do these passages say about gossip?

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2. Should we participate in gossip? Why or why not?

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**Proverbs 12:18**  
**Colossians 3:8**  
**Romans 3:12-14**

1. What do these passages say about our words?

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2. Should a Christian use filthy language? Why or why not?

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3. Proverbs says our "reckless words" are a like a sword. What does that mean to you?

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4. Are there other things a Christian should never say? What?

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**Proverbs 10:19**  
**Ecclesiastes 5:2**  
**Ecclesiastes 6:11**

1. What do these Scriptures say about our words?

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2. Why do you think the amount of words we use matters?

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**James 3:5**

1. How does this verse summarize our discussion of words and the tongue?

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**Proverbs 12:18**  
**Proverbs 16:21**

1. What are some ways we can use our words for good?

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**Consider Your Words**

Write down the struggle you have with words:

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**Homework**

- Memorize James 1:26
- Remember that words are powerful, use your words in a responsible manner. Use your words as a reflection of your Christian values.

# Truth or Dare (Part 2) – Lesson 7 Workbook

## Living the Truth

### GETTING STARTED

1. What new thoughts or ideas have you realized from this lesson series?

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2. Of the ways we have discussed living in truth, which was the hardest for you?

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### Matthew 23:25-28

1. Of what does Jesus say the Pharisees are guilty?

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2. He uses several examples to illustrate their hypocrisy. What are some of them?

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3. How does a hypocritical life affect those who are not Christian?

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4. Do you think hypocrisy is dangerous to the Church today? Why/why not?

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### Luke 18:9-14

1. What is the difference between the two people in this story?

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2. In what ways is an everyday life similar to this?

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3. Do you know people who flaunt their good deeds?

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4. Why is it preferable to be humble?

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**Matthew 5:14-16**

1. According to this passage, are we supposed to live a good life, "shining our light"? \_\_\_\_\_
2. Are we supposed to live like this, so that people will glorify us? True \_\_\_\_\_
3. Who is supposed to be glorified when people see our lives? \_\_\_\_\_

**Homework**

- Memorize James 4:10 and Matthew 5:14-16 (optional)
- Continue to pray this week that...
  - ...God gives you the ability to discern right from wrong, truth from lies
  - ...God helps you find your value in Him
  - ...That you will be an honest person and not lie
  - ...That you will be kind to others, even those who are hard to be kind to
  - ...That you will respect your parents, teachers, church leaders, and all authority figures
  - ...That you will have self-control and will avoid over-indulging
  - ...That you will trust God to supply your needs
  - ...That you will not worship money or things, but God alone
  - ...That your words will lift others up—not tear them down
  - ...That you will not gossip or use filthy language.
  - ...That in all of this, you will have humility, not wish to be recognized, but instead will glorify God.